

# LIVE UNITED.®

## QUICK GUIDE TO POLK COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. **Programs funded by United Way** are listed in bold. If you would like information about these programs, or you need a referral to a program to meet your need, **Dial 2-1-1** or 863.648.1515; 1.800.881.UWAY (8929);

TTY 863.648.1545.

### **ABUSE: CHILD & ADULT**

Abuse Hotline..... 800-962-2873  
Guardian Ad Litem Program..... 534-4605  
**Gulf Coast Community Care .....904-3000**  
**Peace River Center Domestic Violence Shelter**  
-Women, Men & Families..... 413-2700

### **ADOPTION**

**Catholic Charities-Lakeland.....686-7153**  
Winter Haven.....**299-7983**  
**Children's Home Society.....519-3906**  
Devereux.....298-4400  
Florida Baptist Children's Home.....688-4981  
Florida Adoption Info Ctr.....800-96-ADOPT

### **AIDS AWARENESS**

Nat'l STD & AIDS Hotline..... 800-342-AIDS  
Spanish..... 800-545-SIDA  
Nat'l Prevention Info Network ..... 800-458-5231  
TDD..... 800-243-7012  
Patient Care Services..... 519-8233  
Polk County Health Department..... 413-2620

### **ALCOHOL/DRUG ABUSE**

ACTS.....428-1520  
Alcoholics Anonymous.....687-9275  
Al-Anon.....687-3800  
Toll Free.....866-539-3030  
Central Florida Human Services.....682-8111  
Drug Helpline..... 800-662-HELP  
InnerAct Alliance.....**802-0777**  
Mothers Against Methamphetamine ..... 519-0000  
Narcotics Anonymous Helpline.....683-0630  
New Life Ministry .....682-7842  
Peace River Center.....248-3311  
800-627-5904  
**Talbot House Ministries .....687-8475**  
Teen Challenge ..... 647-1944  
**Tri-County Human Services .....533-4139**

### **CONSUMER ASSISTANCE**

Consumer Services (State).....800-435-7352  
Spectrum Resource & Development.....967-0660

### **CRISIS INTERVENTION**

Behavioral Health Division  
- Access Line..... 800-723-3248  
**Peace River Mental Health Crisis..... 519-3744**  
**Rape Crisis ..... 413-2707**  
**Tri-County Human Services ..... 533-4139**

### **CHILD CARE**

Arbor E&T Early Learning ..... 577-2450  
800-843-9780  
Head Start.....648-3051

### **COUNSELING & MENTAL HEALTH**

Anchor House Ministries (Boys).....665-1916  
Bethany Center (Good Shepherd) ..... 968-1707  
Fla. Division of Blind Services .....499-2385  
**Catholic Charities-Lakeland.....686-7153**  
**Catholic Charities-Winter Haven .....299-7983**  
**Children's Home Society.....519-3906**  
Disabled American Veterans .....687-4885  
**Epilepsy Services of West Central FL.686-5880**  
Fl. Diagnostic and Learning Resource.....647-4258  
Florida Sheriff's Youth Villa.....533-0371  
**Frostproof Care Center.....863-635-5555**  
**Help of Fort Meade.....285-6600**  
Innovations in Counseling.....294-8845  
Lake Wales Care Center.....863-676-6678  
Lake Wales Drug Awareness Cncl....863-676-1949  
National Alliance for the Mentally Ill ..... 533-4411  
**Neighborhood Service Center .....294-5860**  
**Peace River Center**  
**Lakeland .....248-3300**  
Polk County Veterans Services .....534-5220  
**Women's Resource Center**  
**Winter Haven .....294-5318**  
**Salvation Army - Lakeland .....682-8179**  
**Tri-County Human Services .....709-9392**  
Winter Haven Hospital Behavioral  
Health Division.....294-7062  
**Youth & Family Alternatives.....499-2430**

### **DENTAL CLINICS**

Polk County Health Department Dental Clinics  
Auburndale.....965-6333  
Lakeland.....413-2636

### **DISABILITY SERVICES**

**Achievement Academy, Inc. ....683-6504**  
Agency for Persons with Disabilities .....413-3360  
**Alliance for Independence.....665-3846**  
Arthritis Foundation.....800-283-7800  
Center for Independent Living .....413-2722  
**Central Florida Speech & Hearing ..... 686-3189**  
Child Find.....534-0946  
CMS/USF Infant & Toddler Program.....701-1151  
Deaf Service Center of Polk County .....701-0544  
Easter Seals Camp Challenge.....352-383-4711  
**Epilepsy Services of West Central FL.686-5880**  
Florida Diagnostic & Learning Resource.647-4258  
Fla. Div. of Blind Services.....499-2385  
Florida Relay Service (Voice).....800-955-8770  
TTY.....800-955-8771  
Fla. School for the Deaf & Blind .....800-344-3732  
Goodwill Industries.....701-1351  
Gulf Coast Community Care.....904-3000  
Polk County School Board.  
- Exceptional Student Ed .....534-0930  
Polk County Special Olympics .....534-0955  
Polk Training Center .....956-1620  
**Sunrise Community.....680-2817**  
**Tampa Lighthouse for the Blind/Polk.....299-3633**

### **DISASTER/EMERGENCY**

American Red Cross.....294-5941  
Citizens' Information Line .....534-0321  
FEMA .....1-800-621-3362  
Special Needs Shelter Registration/Info .534-5600

### **EDUCATION RESOURCES**

Fl. Diagnostic and Learning Resource.....647-4258  
**Learning Resource Center.....688-9477**

### **EMERGENCY SHELTER - YOUTH**

**George Harris Youth Shelter.....595-0220**

### **EMPLOYMENT & JOB TRAINING**

Goodwill Industries/Suncoast Inc. ....701-1351  
Experience Works (Seniors) .....967-9631  
Displaced Homemakers Program 683-5627,ext.116  
Polk Works - One Stop Centers  
Winter Haven.....508-1100  
Lakeland.....683-5627  
**Tpa. Lighthouse for the Blind-Polk .... 299-3633**  
Veterans' Services .....683-5627x140  
Vocational Rehabilitation - Lkld.....680-5534  
- Wtr. Haven ...291-5280

### **FAMILY & PARENTING RESOURCES**

**Family Fundamentals.....686-1221**  
Head Start .....648-3051  
Peace River Center Family Builders ....519-0575 x 1156

### **FINANCIAL SUBSIDY COUNSELING**

#### **PROGRAMS**

Dept. of Children & Families-Access Florida  
(AFDC, FS, Medicaid) .....866-762-2237  
Social Security Administration.....800-772-1213  
Lakeland.....683-0611  
Worker's Compensation.....800-342-1741

### **FOOD, MEDICINE, FINANCIAL AID**

Agricultural & Labor Program (ALPI) ....956-3491  
Toll Free .....800-330-3491  
Angel Food Ministry - Bartow .....533-0007  
- Davenport ....422-3568  
- Frostproof ...635-9120  
- Haines City .....422-0107  
- Lakeland .....859-3577  
- Wauchula .....773-5794  
- Winter Hvn ....605-1577  
**Auburndale Relief Association.....967-9711**



**FOOD, CLOTHING, MEDICINE, FINANCIAL**

**AID- continued**

Catholic Charities – Lakeland .....686-1651  
Winter Haven .....299-7983  
Church Service Center .....533-5822  
Dept of Children & Families – Access Florida  
(WAGES, Food Stamps, Medicaid) .. 866-762-2237  
Family Emer. Service Ctr. of WH.....294-1939  
Frostproof Care Center..... 863-635-5555  
Help of Fort Meade..... 285-6600  
H.O.P.E. Center.....683-8182  
Lake Wales Care Center..... 863-676-6678  
Lighthouse Ministries.....687-3705  
Mulberry Community Service Center .425-1523  
Polk Co. Social Services.....534-5387  
Salvation Army – Lakeland.....682-8179  
Winter Haven.....291-5107  
Haines City.....287-4342  
SHARE Program.....800-536-3379  
Talbot House Ministries ..... 687-8475  
WIC (Women, Infants & Children)  
519-7542/519-7543  
Women’s Resource Center .....294-5318

**HEALTH SERVICES & EDUCATION**

Achievement Academy, Inc. ....683-6504  
American Cancer Society - Lakeland...688-2326  
Winter Haven.....294-0661  
American Heart Association.....686-8421  
Amer. Red Cross, Polk Co. Chpt. ....294-5941  
Animal Services .....499-2600  
Central Florida Healthcare Clinic ..... 452-3000  
Central Florida Speech & Hearing .....686-3189  
Children’s Medical Services.....800-741-2250  
Citizen CPR.....680-1277  
Epilepsy Services of West Central FL..686-5880  
Florida Kid Care (Health Insurance)..888-352-5437  
Bartow.....534-5313  
Learning Resource Center .....688-9477  
March of Dimes .....687-8909  
National Kidney Foundation.....800-927-9659  
Polk County Health Department Clinics  
Auburndale.....965-5400  
Bartow.....519-7916  
Haines City.....863-421-3204  
Lakeland.....413-2620  
Lake Wales.....863-678-4144  
Polk County Health Plan .....533-1111  
Talbot House Ministries .....687-8475

**HOMELESS SERVICES**

Lighthouse Ministries.....687-3705  
Talbot House Ministries .....687-8475  
Salvation Army – Lakeland.....682-8179  
Winter Haven (Women&Children) ...291-5107

**HOME HEALTH & HOMEMAKER SERVICES**

Good Shepherd Hospice.....297-1880  
Cornerstone Hospice.....421-1482  
Polk County Elderly Services .....534-5320  
Volunteers in Service to the Elderly....284-0828

**HOUSING: LOW INCOME LOANS;**

**AFFORDABLE CONSTRUCTION**

Habitat for Humanity – Lakeland.....688-4660  
Habitat for Humanity - East Polk.....292-2256  
Keystone Challenge (Loans) .....682-1025  
USDA, Rural Development.....420-4833

**HOUSING – Emergency**

Lighthouse Ministries .....687-3705  
Talbot House Ministries .....687-8475  
Salvation Army – Lakeland.....682-8179  
Winter Haven (Women&Children) .291-5109  
Women’s Care Ctr (Women&Children)....534-3844

**HOUSING ASSISTANCE**

Housing Authority  
Bartow.....533-6311  
Haines City.....863-421-3680  
Lake Wales .....863-676-7414  
Lakeland.....687-2911  
Winter Haven.....294-7369  
Section 8 Housing.....534-5240  
HUD.....813-228-2501

**HOUSING REHABILITATION**

City of Lakeland - Housing Division .....834-3360  
Housing & Neighborhood Developmt.....534-5240  
Lake Wales Care Center.....863-676-6678  
USDA, Rural Development.....420-4833  
Wntr Haven Community Development...291-5600

**HOUSING TRANSITIONAL**

Lake Wales Care Center (Families)...863-676-6678  
Salvation Army-Lakeland .....682-8179  
Talbot House Ministries .....687-8475  
Tri-County Human Services .....701-7373  
Women’s Care Center  
(Women & Children).....534-3844

**LEGAL SERVICES**

Dept. of Revenue (Child Support) ....800-622-5437  
Florida Rural Legal Services (Civil) .....688-7376  
Heart of Florida Legal Aid Society  
(Divorce).....519-5663

**MIGRANT SERVICES**

Agricultural & Labor Program (ALPI) ....956-3491  
Toll Free.....800-330-3491  
Immigration Services.....800-375-5283  
Migrant Education.....534-0655  
Social Security Administration .....800-772-1213

**PARENT EDUCATION & SUPPORT**

Family Fundamentals.....686-1221  
Health Dept. (Healthy Start).....413-2620  
Peace River Center Family Builders ....519-0575 x 1156

**PERSONAL DEVELOPMENT**

American Red Cross-Polk.....294-5941  
Big Brothers/Big Sisters .....682-5191

Boys & Girls Clubs of Lakeland .....686-1719  
Camp Fire USA Sunshine Council.....688-5491  
Citrus Center Boys & Girls Club .....967-1532  
Family Service School.....499-2834  
Girls Incorporated - Lakeland .....682-3002  
Winter Haven.....967-2864  
Gulf Ridge Council, Boy Scouts.....888-533-2775  
Heart of Florida Girl Scout Council.....688-7648  
Learning Resource Center .....688-9477  
Displaced Homemakers Pgm. ....683-5627, ext. 104  
Parks and Recreation Dept .....534-4341  
Women’s Resource Center  
Lakeland .....686-1221  
Winter Haven .....294-5318  
YMCA – Lakeland.....644-3528  
Lake Wales .....863-676-9441

**PRESCRIPTION PROGRAMS**

Familywize.org  
Freemedicinerevolution.com  
Needy meds.com  
Pparx.org  
TogetherRxaccess.com

**SENIOR CITIZENS SERVICES**

Alzheimer’s Information Line.....292-9210  
American Assoc. of Retired Persons.....666-1908  
Catholic Charities  
Lakeland .....686-7153  
Winter Haven .....299-7983  
Dept. of Children & Families .....619-4100  
Faith in Action .....682-7249  
Lake Morton Senior Center .....687-2988  
Neighborhood Service Center.....294-5860  
Polk County Elderly Services.....534-5320  
Seniors vs. Crime.....413-3000  
Volunteers in Service to the Elderly...284-0828  
West Central FL Agency on Aging...800-336-2226  
West Central Florida YMCA.....644-3528

**TRANSPORTATION**

Citrus Connection .....688-7433  
Division of Motor Vehicles .....499-2323  
Tag Agency-Bartow .....534-4711  
Tag Agency-Lakeland.....499-2351  
Handy Bus .....688-5438  
Polk County Transportation  
System.....534-5500 Ext. 4

**VOLUNTEERING**

Campfire USA Sunshine Council .....688-5491  
Dept. of Children & Families.....619-4100  
Guardian-ad-Litem .....534-4605  
Polk County Elderly Services.....534-5320  
Retired Senior Volunteer Program (RSVP)  
.....534-6729  
Salvation Army – Lakeland.....682-8179  
Service Corps of Retired Executives.....619-5783  
Volunteers Improving Polk....534-6030 Ext. 6089  
Volunteers in Service to the Elderly.....284-0828

10/7/2009

**FIND HELP FAST DIAL 2-1-1**  
**INFORMATION & REFERRAL**  
863.648.1515  
Toll Free 800.881.UWAY (8929)  
TDD 648.1515

