QUICK GUIDE TO POLK COUNTY COMMUNITY RESOURCES

This guide is a list of most frequently requested community resources and services. If you would like information about these programs, or you need a referral to a program to meet your need, Dial (888) 370-7188. Via text (text your zip code to 898-211). Email: uw211help@gmail.com

ABUSE: CHILD & ADULT
Abuse Hotline……………………. 800-962-2873
Guardian Ad Litem Program……. 534-4605
Gulf Coast Community Care ……… 904-3000
Peace River Center Domestic Violence Shelter… — Women, Men & Families — 413-2700

ADOPTION
Catholic Charities-Lakeland………… 686-7153
Winter Haven…………………… 299-7983
Children’s Home Society……….. 413-3126
Florida Baptist Children’s Home…… 688-4981
Florida Adoption Info Ctr.………. 800-962-3678

AIDS AWARENESS
Patient Care Services……………… 519-8233
Polk County Health Department…… 413-2620

ALCOHOL/DRUG ABUSE
ACTS………………………………… 428-2520
Alcoholics Anonymous…………. 687-9275
Al-Anon……………………………. 687-3800
Toll Free …………………………… 866-539-3030
Drug Helpline…………………… 800-662-4357
InnerAct Alliance………………… 802-0777
Narcotics Anonymous Helpline… 683-0630
Peace River Center……………….. 248-3311
Talbot House Ministries……..….. 687-5475
Lake Wales Care Center…………… 647-1944
Tri-County Human Services……. 533-4139

CONSUMER ASSISTANCE
Consumer Services (State)……….. 800-435-7352

CRISIS INTERVENTION
Behavioral Health Division
— Access Line — 800-723-3248
Peace River Mental Health Crisis … 519-3744
Rape Crisis ………………………… 413-2707
Tri-County Human Services……… 533-4139

CHILD CARE
Early Learning Coalition of Polk…… 577-2450
Head Start………………………… 800-843-9780
Head Start………………………… 648-3051

COUNSELING & MENTAL HEALTH
Anchor House Ministries (Boys)…….. 665-1916
Bethany Center (Good Shepherd) . 968-1707
Behavioral Health Adult Counseling…… 297-1702
Fla. Division of Blind Services…… 499-2385

COUNSELING HEAD START
Head Start………………………… 648
Early Learning Coalition…………….. 533
Peace River Mental Health Crisis ……… 686

DENTAL CLINICS
Polk County Health Department Dental Clinics
Auburndale………………………… 965-6333
Lakeland………………………….. 413-2636

DISABILITY SERVICES
Achievement Academy, Inc………… 683-6504
Agency for Persons with Disabilities ….. 413-3360
Alliance for Independence……….. 665-3846
Arthritis Foundation……………… 800-283-7800
Center for Independent Living………… 413-2722
Central Florida Speech & Hearing….. 686-5189
Easter Seals Camp Challenge………. 352-383-4711
Florida Epilepsy Services………… 686-5880
Florida Diagnostic & Learning Resource… 647-4285
Fla. Div. of Blind Services……….. 499-2385
Florida Relay Service (Voice)…… 800-955-8770
TTY…………………………………… 800-955-8771
Fla. School for the Deaf & Blind…… 800-344-3732
Goodwill Industries……..………… 701-1351
Gulf Coast Community Care……….. 904-3000
Polk County School Board……….. 533-0930
Sunrise Community……………….. 680-2817
Sunrise House for the Blind/Polk…… 299-3633

DISASTER/EMERGENCY
American Red Cross……………… 407-894-4141
FEMA…………………………… 1-800-621-3362
Special Needs Shelter Registration/Info.. 298-7027

EDUCATION RESOURCES
El. Diagnostic and Learning Resource…… 647-4285
Learning Resource Center………… 688-9477

EMERGENCY SHELTER – YOUTH
George Harris Youth Shelter……….. 595-0220

EMPLOYMENT & JOB TRAINING
Goodwill Industries/Suncoast Inc…… 701-1351
Experience Works (Seniors)………… 967-9631
Career Source Polk…………………….. 508-1100
Lighthouse for the Blind-Polk……….. 299-3633
Veterans’ Services………………….. 683-5627
Vocational Rehabilitation – Lkd…… 680-5534
- Wtr. Haven…………… 291-5280

FAMILY & PARENTING RESOURCES
Family Fundamentals……………….. 686-1221
Head Start ………………………… 648-3051
Peace River Center Home to Stay…… 519-0575

FINANCIAL SUBSIDY COUNSELING PROGRAMS
Dept. of Children & Families-Access Florida…………………… 866-762-2337
Dept. of Children & Families-Access Florida (WAGES, Food Stamps, Medicaid) – 866-762-2337
Family Emer. Service Ctr. of WH …… 294-1939
Frostproof Care Center…………….. 863-635-5555
Help of Fort Meade…………………….. 285-6600
H.O.P.E. Center…………………….. 683-8182
Lake Wales Care Center…………….. 863-676-6678
Lighthouse Ministries……………… 687-3705
Mulberry Community Service Center…….. 425-1523
Neighbor to Neighbor………..…… 537-7712
Polk Co. Social Services…………….. 534-5387
Salvation Army Shield Center - Lakeland…… 682-8179
Winter Haven………………………… 291-5107
Talbot House Ministries…………….. 687-8475
WIC (Women, Infants & Children)……. 519-7542
Women’s Resource Center………… 594-5318

GOOD PEOPLE GIVE. GREAT COMMUNITIES GROW.
One call to find help, whether you're looking for family counseling, camps for kids, or assistance for an aging parent in Polk, Hardee, and Highlands County. 2-1-1’s trained referral specialists will connect you with a program that can help you.
Dial (888) 370-7188. Via text (text your zip code to 898-211). Email: uw211help@gmail.com

FIND HELP FAST

You can access 2-1-1 by:

1) Phone: (888) 370-7188
2) Email: uw211help@gmail.com
3) Via text (text your zip code to 898-211)
4) Website: www.uwcf.org

Click on FIND HELP / SEARCH RESOURCES