

Quick Guide to Polk County Services & Resources

This guide is a listing of most frequently requested community resources.
If you would like information about these programs, or you need a referral to a program to meet your need.

Call: (888) 370-7188 or Text your zip code to: 898-211

Email: uw211help@gmail.com

ABUSE & ASSAULT SERVICES

Abuse Reporting Hotline 800-962-2873
Domestic Violence Hotline 800-500-1119
Guardian Ad Litem 863-773-2505
Peace River Center Polk 863-413-2700
Rape Crisis Hotline 877-688-5077
PRC DV Outreach 863-534-4350

ADOPTION

Catholic Charities (Lakeland) 863-686-7153
Winter Haven 863-299-7983
Children's Home Society 863-519-3906
Devereux 863-595-0167
FL Adoption Info 800-962-3678
FL Baptist Children's Home 863-688-4981
Heartland for Children 863-519-8900

CHILD CARE

Early Learning Coalition 863-577-2450
800-843-9780
East Coast Migrant Head Start
863-773-2815
Head Start 863-648-3051
Redlands Christian Migrant Association
863-767-0222

CAREER/EMPLOYMENT/JOB TRAINING

Career Source Heartland 863-773-3474
Vocational Rehabilitation 863-773-2802

CRISIS INTERVENTION

Peace River Crisis Lines:
Mental Health 863-519-3744
Rape Recovery 877-688-5077
Tri-County Human Services 863-773-2226
Behavioral Health Division 800-723-3248

SUBSTANCE ABUSE

24-hour Helpline 800-252-6465
Alcoholics Anonymous 863-687-9275
InnerAct Alliance 863-802-0777
Narcotics Anonymous 863-683-0630
Peace River Center Crisis Svcs 800-627-5906
Substance Abuse & Mental Health Svcs Line
800-662-HELP / 800-662-4357
Talbot House Ministries 863-687-8475
Tri-County Human Services 863-773-2226

DEVELOPMENTAL SERVICES

Access Florida (Medicaid) 866-762-2237
Agency for Persons with Disabilities
407-245-0440
Child Find/FDLRS 863-773-2600 x. 267

DISABILITY SERVICES

Easter Seals SW Florida 941-355-7637
Epilepsy Services of W Central FL
863-686-5880
Florida Div of Blind Svcs 863-499-2385
Florida School for the Deaf & Blind
800-344-3732
Ridge Area ARC 863-452-1295
Social Security Admin 800-772-1213
Sunrise Community 863-773-2220
Tampa Lighthouse for the Blind & Low
Vision 863-299-3633

DISASTER RELIEF

American Red Cross 863-294-5941
Hardee County Health Dept 863-773-4161
Emergency Management 863-773-6373

ELDERLY SERVICES

Adult Services – DCF 863-402-7709
Elder Helpline 863-773-6880
St Amaro Rehab Facility 863-773-3231
West Central FL Agency on Aging
800-336-2226
NU-HOPE of Hardee 863-773-2022
Resthaven Assisted Living 863-773-6000
Veterans Services 863-773-9853

EMERGENCY SHELTER

Lighthouse Ministries 863-687-3705
New Testament Church & Mission
863-385-0035
Safe House (Rape/Domestic Violence-
Family & Individuals) 863-386-1167
Salvation Army 863-682-8179/291-5109

FINANCIAL COUNSELING

Consumer Credit Counseling 800-720-9537
Dept of Revenue(Child Support)
800-622-5437
Hardee Co Extension Svc 863-773-2164

CLINICS

AdventHealth Wauchula 863-773-3101
Central Florida Health Care 866-234-8534
Children's Medical Services 866-510-5594
(www.cms-kids.com)
Heartland Pediatrics 863-767-1414
Hardee County Health Dept 863-773-4161
Pioneer Medical Clinic 863-773-6606

HEALTH SERVICES

Central Florida Health Care 866-234-8534
Central FL Speech & Hearing 863-686-3189
Epilepsy Svcs of W Cent FL 863-686-5880
Good Shepherd Hospice 863-773-0119
Patient Care Services 863-519-8233
Polk County Health Dept 863-413-2620
American Cancer Society 800-227-2345
American Diabetes Assn 888-342-2383
American Heart Association 800-242-8721
CDC Info 800-232-4636 / 888-232-6348 tty
Florida HIV/AIDS Hotline 800-352-2437
Florida Hospital 863-773-3101
Lupus Foundation 800-558-0121
Multiple Sclerosis Society 800-344-4867
Muscular Dystrophy Assoc 800-393-8552
National Kidney Foundation 800-927-9659
FL HIV/AIDS Hotline 800-352-2437
Espanol 800-344-7432 / TTY 800-243-7889



HOUSING-LOW INCOME

Office of Community Development 863-773-6349
Azalea Apts 863-375-4138
Forest Glade (Seniors) 863-773-0592
The Palms 863-773-3809
Wauchula Garden Apts 863-773-6694

INFORMATION AND REFERRAL

United Way of Central FL Helpline
Dial 2-1-1

LEGAL SERVICES

Dept of Revenue(Child Support) 800-622-5437
Florida Rural Legal Services 800-277-7680
Heart of Florida Legal Aid Society 863-402-6983

MEDICINE/FOOD/FINANCIAL AID

ACCESS Florida (SNAP) 866-762-2237
800-300-4323
Cutting Edge Ministries (food pantry) 863-773-2484
EBT Customer Service 888-356-3281
Hardee Help Center 863-773-0034
Social Security Admin 800-772-1213
WIC 863-773-3276

MENTAL HEALTH/COUNSELING

Behavioral Health Adult Counseling 863-297-1702
Children's Home Society 352-732-1412
Good Shepherd Hospice
Bethany Center 863-968-1707
Peace River Center 863-248-3311
Women's Resource Center 863-294-5318
Winter Haven Hospital Behavioral Health 863-294-7062

PARENTING

East Coast Migrant Head Start 863- 773-2815
Hardee Co. Health Dept. (Healthy Start) 863-773-4161
Redlands Christian Migrant Assn 863-767-0222
South FL Community College-Hardee 863-773-3081
WIC (Woman, Infants & Children) 863-773-3276

EDUCATION/PERSONAL DEVELOPMENT

AdventHealth Wellness Center 863-773-6445
Hardee Adult & Comm Education (GED) / Hardee Co Recreational Complex 863-773-3173
Hardee Co Public Library 863-773-6438
Paynes Creek Historic State Park 863-375-4717
South FL Comm College 863-773-3081
Main Campus(Avon Park) 863- 773-2252

TRANSPORTATION

Driver's License (DL&MV) 863-773-6365
NU-HOPE Elder Care Svcs 863-773-2022
Community Transportation
Main Office (Sebring) 863-382-6004

HELP LINES

Alcohol 24-Hour Helpline 800-252-6465
Asian LifeNet Hotline 877-990-8585
Braille & Talking Book Library 800-226-6075
Cancer Answers 800-456-7121
Florida Parent Helpline 800-352-5683
FDLE Missing Persons 888-356-4774
GLBT National Hotline 888-843-4564
GLBT Youth Talkline 800-246-7743
Lupus Foundation 800-558-0121
National Suicide Prevention Lifeline 800-273-TALK / 800-273-8255
Text Line – text NAMI to 741-741
Peace River Crisis Line 800-627-5906
RAINN 800-656-HOPE/800-810-7440 tty
National Domestic Violence Hotline 800-799-7233 / 800-787-3224 tty
Nat'l Runaway Safeline 800-786-2929
Trans Lifeline 877-565-8860
Trevor Project 866-488-7386
Para ayuda de crisis marca 888-628-9454

8/31/2021

One call to find help, whether you're looking for family counseling, camps for kids, or assistance for an aging parent in Polk, Hardee, and Highlands County. 2-1-1's trained referral specialists will connect you with a program that can help you.

Dial (888) 370-7188. Via text (text your zip code to 898-211). Email: uw211help@gmail.com

FIND HELP FAST

You can access 2-1-1 by:

- 1) Phone: (888) 370-7188
- 2) Email: uw211help@gmail.com

Via text: **text your zip code to 898-211**

- 3) Website: www.uwcf.org

Click on **FIND HELP/SEARCH RESOURCES**



United Way of Central Florida