

RESOURCE LIST

BOARD CERTIFIED LACTATION CONSULTANTS

Lakeland Regional 863-284-1685

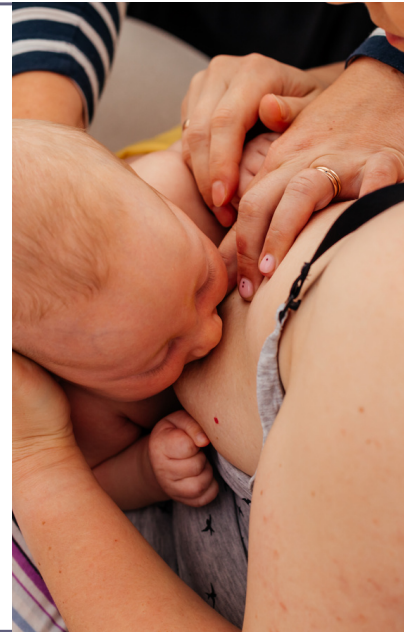
Lakeland Regional Pediatrics 863-687-1100

Lakeside Pediatrics 863-688-3550

The Nest 863-578-4594

Watson Clinic 863-904-6238

WIC 863-519-7542



OTHER RESOURCES

Pumping Help: The Nest 863-578-4594

Free Weight Checks & Weighted Feeds: The Nest 863-578-4594

Breastfeeding Classes: LRH mylrh.org/classes/

The Nest 863-578-4594

La Leche League: lllflorida.com/lakeland

Insurance Covered Lactation Support: The Lactation Network

Families with PPO plans through BCBS, Anthem, Cigna, or PNOA have 6 visits covered at 100% (no co-pay).

For verification of benefits: LactationNetwork.com

